



December 28 – January 29, 2021

Elementary Breakfast Menu

Menus are subject to change.

28 Holiday Break (all week)

29

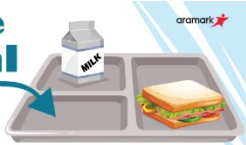
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31

01

FREE Breakfast & Lunch for ALL K – 8th grade students

get a fruit or vegetable
to make a **FREE** meal



Requirements for FREE Meal:

Breakfast: Includes entrée, juice, and fresh fruit. Students choose white or chocolate milk.

Lunch: Must choose 3 of the 5 food components (food groups). A fruit, juice, or veggie must be taken. May only choose 1 entrée. Entrees count as two food components: grain and meat/meat alternative. May choose up to 6 different items.

04

- No School

05

- No School

06

- Blueberry Muffin
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

07

- Maple Mini Waffle
- Fruit
- Juice
- Choice: White or Chocolate Milk

08

- Flavored Cereal
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

11

- Flavored Cereal
- Danimals Strawberry & Banana Yogurt
- Fruit
- Juice
- Choice: White or Chocolate Milk

12

- Cinnamon Sugar Donut Holes (whole grain, baked – not fried)
- Fruit
- Juice
- Choice: White or Chocolate Milk

13

- Blueberry Muffin
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

14

- Triple Berry Mini French Toast
- Fruit
- Juice
- Choice: White or Chocolate Milk

15

- Flavored Cereal
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

18

- No School

19

- Chocolate Filled Crescent
- Fruit
- Juice
- Choice: White or Chocolate Milk

20

- Blueberry Muffin
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

21

- Blueberry Mini Waffles
- Fruit
- Juice
- Choice: White or Chocolate Milk

22

- Flavored Cereal
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

25

- Flavored Cereal
- Danimals Strawberry & Banana Yogurt
- Fruit
- Juice
- Choice: White or Chocolate Milk

26

- Flavored Pop-tart
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

27

- Blueberry Muffin
- Danimals Strawberry & Banana Yogurt
- Fruit
- Juice
- Choice: White or Chocolate Milk

28

- Maple Mini Pancakes
- Fruit
- Juice
- Choice: White or Chocolate Milk

29

- Flavored Cereal
- Cheese Stick
- Fruit
- Juice
- Choice: White or Chocolate Milk

Elementary Student Combo Meal: \$1.35
Reduced Student Combo Meal: \$0.30
Free Student: \$0



www.myschoolbucks.com

Allergy Information is available on the Nutrislice website at

<https://nisdtx.nutrislice.com/>

Free & Reduced Priced School Meals are provided to students whose families meet certain income requirements. Apply online at <http://nortwestisd.schoollunchapp.com>

Each household must complete a new application each school year. After applying, check your status at <https://www.schoollunchstatus.com/>

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