

28 Holiday Break (all week)      29      30      31      01

### FREE Breakfast & Lunch for ALL K – 8<sup>th</sup> grade students

Requirements for FREE Meal:

get a fruit or vegetable to make a **FREE** meal



**Breakfast:** Includes entrée, juice, and fresh fruit. Students choose white or chocolate milk.

**Lunch:** Must choose 3 of the 5 food components (food groups). A fruit, juice, or veggie must be taken. May only choose 1 entrée. Entrees count as two food components: grain and meat/meat alternative. May choose up to 6 different items.

04  
No School

05  
No School

06  
1. Cheese & Bacon Potato w/ Biscuit  
2. Popcorn Chicken w/ Roll  
3. SunButter & Jelly Sandwich ✓

07 **Sweet Treat Day!**  
All reimbursable meals will include a Chocolate Chip Cookie! while supplies last  
1. Salisbury Steak w/ Gravy & Roll  
2. Turkey Melt  
3. SunButter & Jelly Sandwich ✓

08  
1. Pepperoni Pizza  
2. Cheese Pizza ✓  
3. SunButter & Jelly Sandwich ✓

11  
1. Chicken & Waffles  
2. Hamburger/Cheeseburger  
3. SunButter & Jelly Sandwich ✓

12  
1. Chicken Parmesan w/ Penne Pasta & Tomato Sauce  
2. Grilled Cheese Sandwich ✓  
3. SunButter & Jelly Sandwich ✓

13  
1. Chicken & Cheese Burrito  
2. Breaded Chicken Sandwich  
3. SunButter & Jelly Sandwich ✓

14  
1. Pizza Sticks w/ Marinara ✓  
2. Chicken Drumstick w/ Biscuit  
3. SunButter & Jelly Sandwich ✓

15  
1. Pepperoni Pizza  
2. Cheese Pizza ✓  
3. SunButter & Jelly Sandwich ✓

18  
No School

19  
1. Mac & Cheese Pasta w/ Roll ✓  
2. Chicken Fried Steak Sandwich  
3. SunButter & Jelly Sandwich ✓

20  
1. Walking Taco Chili  
2. Popcorn Chicken w/ Roll  
3. SunButter & Jelly Sandwich ✓

21  
1. Bean & Cheese Tacos ✓  
2. Corndog  
3. SunButter & Jelly Sandwich ✓

22  
1. Pepperoni Pizza  
2. Cheese Pizza ✓  
3. SunButter & Jelly Sandwich ✓

25  
1. Chicken Soft Tacos  
2. Hamburger/Cheeseburger  
3. SunButter & Jelly Sandwich ✓

26  
1. Broccoli & Cheese Baked Potato w/ Roll  
2. 100% Beef Hotdog  
3. SunButter & Jelly Sandwich ✓

27  
1. Jumbo Cheese Ravioli w/ Breadstick  
2. Boneless Wings w/ Roll  
3. SunButter & Jelly Sandwich ✓

28  
1. Country Popcorn Chicken Bowl w/ Roll  
2. Pretzel, Yogurt, & Cheese Pack ✓  
3. SunButter & Jelly Sandwich ✓

29  
1. Pepperoni Pizza  
2. Cheese Pizza ✓  
3. SunButter & Jelly Sandwich ✓

**Lunch Combo Meal:** Students must choose 3 of the 5 food components (food groups). Students must take a fruit or veggie to be eligible for a "Combo Meal."  
  
Elementary Student Meal: \$2.50  
Reduced Student Meal: \$0.40  
Free Student Meal: \$0

**Allergy Information is available on the Nutrislice website at <https://nisdtx.nutrislice.com/>**



**Payment Options:** School cafeterias accept cash & check payments. Credit Cards are accepted through My School Bucks, [www.myschoolbucks.com](http://www.myschoolbucks.com). Online payments are charged a convenience fee of \$2.40 per transaction. All online payments take 24 hours to appear on your child's accounts.