



2019-2020
School
Year

NISD FOOD SERVICE DEPARTMENT

NISD's Food Service department is committed to the health and well-being of our students by offering nutritious breakfast & lunch meals. At elementary and middle schools, all meals meet the Recommended Daily Allowance established by the USDA and the Texas Department of Agriculture. We research and evaluate every recipe in our menu to ensure they meet nutrition requirements measured by the following categories: **Saturated Fat, Total Fat, Calories and Sodium**. For further details on the Texas Public School Nutrition Policy please refer to the full policy at www.squaremeals.org.

SCHOOL MEALS

Daily we offer breakfast and Lunch Combo Meals at all NISD Schools. Students on the Free & Reduced program may get 1 Breakfast & 1 Lunch Combo Meal daily for their free or reduced-rate.

Breakfast Combo Meal

Students must take 3 items and 1 MUST be a fruit. May choose 1 entree, 1 juice, 1 milk and 1 or 2 canned/fresh fruit(s). "Pick 2" entree counts as 1 item.

2019-2020 Breakfast Combo Prices

Elementary and Secondary Students: \$1.35
Reduced Students (all grades): \$0.30

Elementary & Middle School Lunch Combo Meal

Students must choose 3 of the 5 food components: fruit, veggie, grain, meat/meat alternative and dairy. A fruit, juice or veggie MUST be taken. May only choose 1 entree. May choose up to 6 different items. All entrees count as 2 food components: Grain & Meat. Entree and milk are optional.

2019-2020 Lunch Combo Prices

Elementary Students: \$2.35 | Middle & High School Students*: \$2.70
Reduced Students (all grades): \$0.40

MENUS

Menus are available online at www.nisdtx.org/foodservice and click on "menus." This year, we are piloting a new online menu platform with nutritional information for all menu items.

MEAL ACCOUNT RESTRICTION FORM

Parents/guardians may place a buying restriction on their child's meal account. Parents can limit their child's ability to purchase all or certain snacks or a la carte items. To complete the online form, go to www.nisdtx.org/foodservice and click on "Contact Us" and go to "Meal Account Restriction Form."

STUDENTS WITH SPECIAL DIETARY NEEDS

Our department will make food substitutions or modifications for students that provided our department with a prescription, written by a licensed physician, that explains the student's disability & specifies substitutions to be made. A physician must also provide written notices of changes or deletions to diet orders. Our Department is not required to provide substitutions or modifications for children who do not meet the criteria for "disabilities with medically certified special dietary needs." Contact the Food Service Department for more information.






MEAL PAYMENT OPTIONS

School cafeterias accept cash and check payments. Payments may be sent to your child's school to be deposited into his/her account. Checks may be split among more than one student if requested. Credit cards are accepted online through My School Bucks. At My School Bucks, parents may access their child's meal account online, view payment balances, set-up low balance notifications and apply money using a Visa or MasterCard. Online payments are charged a convenience fee of \$2.49 per transaction. **All online payments take 24 hours to appear on your child's meal account.**

Create A My School Bucks Account

1. Go to www.myschoolbucks.com.
2. Create a user profile by clicking on the "Start Here" button on the home page.
3. Add students to your household - you will need the child's name, birth date and student ID.
4. Now you are ready to make payments.

Our menus offer students...

-  *a variety of fresh fruits & veggies*
-  *whole grains*
-  *low fat milk options*
-  *lean meats*
-  *baked foods, we don't use fryers*

FREE & REDUCED PRICE SCHOOL MEALS

Free & reduced price school meals are provided to students whose families meet certain income requirements. Students on the Free & Reduced program may get 1 Breakfast & 1 Lunch Combo Meal daily for their free or reduced-meal price. Free & Reduced prices don't apply towards a la carte items (chips, capri-suns, packaged snacks, etc). All serving lines offer a la carte items so please let your child know they only qualify for a Combo Meal. At High School, students on the program may get a Combo Meal at Rock Hill, Home Zone, Custom Brothers & Corner Crust. Free & Reduced prices don't apply to high school franchise brands: Pizza Hut, Java City, Subway, Red Mango, etc.

Parents/guardians are responsible for all meal account charges prior to being accepted on the Free & Reduced program. This also applies if your child falls off the program once the grace period ends. All charges accrued from the time they fall off the program until they are back on the program are the parents/guardians responsibility.

Paper Applications are available on the Food Service website, at the food service office and at all NISD schools.

APPLY ONLINE! ONLINE APPLICATIONS ARE PROCESSED FASTER THAN PAPER APPLICATION.



- Go to <http://northwestisd.schoollunchapp.com>
- Free & reduced applications should be submitted before school begins. Parents are responsible for all charges to a child's meal account until their application has been approved.
- **A new application must be completed each school year.**
- If you have more than one child attending Northwest ISD schools, add all names to one application.
- Please follow the application directions carefully so your application can be processed quickly. An application cannot be approved until all requested fields have been completed and signed by an adult household member.
- If your Pre-K child was automatically enrolled on the free and reduced program, your other children will **NOT** automatically be on the program. You must complete an application for all other children.

CHECK YOUR APPLICATION STATUS ONLINE



- Go to www.schoollunchstatus.com
- New students will not appear in the online system until the school completely enrolls the child into their system. If you have multiply children on the program, the child who is new to the district will not appear with the siblings until the school fully enrolls that child.
- If your child is enrolled at Northwest ISD the application status is typically available within 48 hours after submitting your completed online application; however, this process may take longer. Paper applications may take up to 10 days to process.

FREQUENTLY ASKED QUESTIONS

Q: Do I have to provide proof of income with my application?

A: You only have to provide proof of income if you are applying for Pre-K with your child's school. However, families are randomly selected for income verification once a year. Families that are selected will have to provide proof of income or they will be dropped from the program.

Q: If my child was on the program last year, do I need to complete another application?

A: Yes, a new application must be completed each school year. If you received free/reduced-priced meals last year, your children will continue to receive meal benefits the first 30 business days of school. During that time, a new application must be completed and approved for free or reduced-price meals to continue. **If a new application is not submitted, your child will be dropped from the program after the 30 day grace period.** After 30 days, only students who submitted a 2019-2020 application and qualified for the program will receive free or reduced-price meals. *If your child is dropped from the program after the grace period, you are responsible for all charges to your child's meal account.

Q: What type of income should be included on the form?

A: All types of income must be included: employment income, social security benefits, child support, etc. You must report how often it is received.

Q: What if I need additional assistance?

Please contact the Food Service Department at (817) 215-0007.

Northwest ISD Food Service Department Managed By Aramark: 220 County Road 4840 Haslet, Texas | 817-215-0007

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